

# INSIGHTS

/// SPRING 2024 ///



Oregon Health  
& Science University  
FOUNDATION

## SOMETHING TO SMILE ABOUT:

### Dentistry, Family, and a Desire to Make a Difference

Dr. John Pavlicek first encountered OHSU in 1945 at the age of 2, when an accidental burn on his leg sent him to OHSU Doernbecher Children's Hospital. The burn was so severe a skin graft was required.

John doesn't remember the accident very well, but he knows it was a big deal for the whole family.

"When I was older, I asked my dad how much he had to pay for my treatment, and he told me he could only afford \$5 a month — that was in 1945," John said.

"I'm sure there were a lot of donations that took care of me."

#### Setting Up for Success at OHSU

John's next encounter with OHSU came two decades later, when he enrolled at the OHSU School of Dentistry (then called the University of Oregon Dental School). He graduated in 1968.

"I was fortunate to get into a profession that I enjoyed. Dentistry was never work," John said. "It was my hobby. I absolutely loved it."

John ended up in Redmond, Oregon, after serving four years in the Army. He met Jill soon after. The couple married in 1981, and by 1984, Jill had started running their dental practice.



Dr. John and Jill Pavlicek

"Jill did the organizing and the finances, and I treated patients," said John.

Jill agrees that their business was family endeavor.

"We've always worked as a family," said Jill. "We didn't have a lot of money in the beginning, but we kept at it, and that's what made our success. We believe in persistence and determination."

As soon as they could, the Pavliceks started supporting their community and organizations they were

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# BUILDING YOUR LEGACY:

## Smart Choices for Your Stage of Life

You live a busy life, full of loved ones and things that give you purpose and reflect your values. Use our helpful “road map” below to make smart giving choices—no matter where you are on your journey!

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### In your 40s and 50s

You may be considering whether your investments and savings will carry you through retirement. Many steadfast supporters like you also start to think about how they can make an impact on their community around this time.

#### Choose Your Best Approach

- **Preserve your values through your will or living trust:** With as little as one sentence, you can share how important high-quality, compassionate healthcare is to you. Whether you give a set amount or a percentage, your kindness will have an extraordinary impact on the students, patients, healthcare providers, and researchers that make up OHSU and Doernbecher Children’s Hospital. Plus, this gift requires parting with no funds upfront to create!
- **Give appreciated securities:** When you donate stocks you have owned for longer than one year, you can avoid capital gains tax and receive a charitable income tax deduction when you itemize.

### In your 60s

Does your estate plan reflect any life changes, such as retirement, an empty nest, or caring for your parents? Now is a great time to review your important documents to ensure they align with your current situation and your long-term goals. Like many others, you may want to consider creating a gift that boosts your income and your investment in OHSU and Doernbecher Children’s Hospital.

#### Choose Your Best Approach

- **Establish a gift that pays you income:** You have several options to create a steady stream of lifetime income for yourself or a loved one. What’s left of your gift will support innovative healthcare and healing.
- **Name us as a beneficiary:** Your retirement plan or a life insurance policy you no longer need can easily be transformed into an impactful gift that costs you nothing today. Contact your plan administrator to get started or complete an online form.

### In your 70s

Are you looking for meaningful ways to give back? Consider volunteering your time to support your community and causes you love. You also have many financial options to choose from that help extend your kindness and your budget.

#### Choose Your Best Approach

- **Make a difference today with your IRA:** If you are 70½ or older, you can give any amount up to the maximum allowed by law from your IRA directly to the OHSU Foundation without having to pay income taxes on the money.
- **Boost your income with a legacy IRA:** Did you know you can establish a gift that pays you fixed income for life using a one-time distribution of up to \$53,000 from your IRA? Special rules apply, so contact us to see if this option is right for you.

## In your 80s, 90s and beyond

Think about how you would like to be remembered. Consider making or repeating any of the gifts mentioned to continue growing your love for your community. Do what makes you happy — you've earned it!

### Choose Your Best Approach

- **Create a legacy letter:** Preserve your life story and express your eternal values through a written letter or recording that your loved ones will treasure.
- **Share your plans:** If you choose to carry on your compassion through any of these legacy gifts, you please let us know. That way, we can take the necessary steps to ensure we fulfill your wishes. Plus, it would be our honor to thank you for your kindness!

## A Gift for You

Learn more about planning for your family's future in the FREE guide *A Personal Record: Estate Planning You Can Do at Home*. Just return the enclosed reply card today to receive this helpful organizer!



OHSU and OHSU Doernbecher pair exceptional care, rigorous education, and groundbreaking research with a passion for serving others.

**What are you passionate about?**



Education



Cancer Research



Children's Health



Brain Health



Eye and Vision



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# Something to Smile About



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passionate about. They've been loyal donors to the School of Dentistry since the 1980s. In 2005, they joined the Sam Jackson Guild by including support for OHSU within their estate plans.

**"We wanted to give back to the community where we prospered."**

— JOHN PAVLICEK

## **A Return to Doernbecher Children's Hospital**

In the early 2000s Doernbecher came back into the family's life when their grandson, Adam Harper, was diagnosed with lymphocytosis, also known as systemic juvenile idiopathic arthritis.

"The Doernbecher team was super with Adam," said Jill.

The experience deepened the family's connection to OHSU, and in 2021, the Pavliceks decided to double down on their philanthropy. The couple created the Pavlicek Harper Endowed Fund in

Pediatrics as a thank you to the doctors and caregivers who treated Adam, and to pay back Doernbecher's kindness all those decades ago, when John was just a child himself.

The fund will provide assistance wherever Doernbecher needs it most — be it capital, staffing, or treating children.

That same year, the Pavliceks also established the Pavlicek Family Scholarship in Dentistry Endowed Fund, which supports students from Central Oregon and across the state who demonstrate the values prized by the Pavlicek family: hard work, care for others, and a passion for dentistry.

**"We decided to give while we were alive, so we could see the impact,"** said John. They are also looking to the future and have put aside money for OHSU as a portion of their family trust, to ensure their success continues to benefit the next generation.



## **FREE Estate Planning Tools for You**

OHSU and OHSU Doernbecher are proud to provide a secure online suite of estate planning tools. Create your will at your own pace. **Scan the code to get started.**



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## **We're Here to Help**

To include OHSU or Doernbecher Children's Hospital in your plans, visit us online: [plannedgiving.ohsufoundation.org](https://plannedgiving.ohsufoundation.org) or contact Rochelle Makela-Goodman at 971-369-9099 or [giftplanninginfo@ohsu.edu](mailto:giftplanninginfo@ohsu.edu).

**To make a gift today, visit us online: [ohsufoundation.org](https://ohsufoundation.org).**